FINAL PROGRAM

2 ND EUROPEAN SOCIETY OF SOCIAL PSYCHIATRY CONGRESS



PSYCHOTHERAPY AND PSYCHOSOCIAL INTERVENTIONS IN PSYCHIATRY

Potential solutions in major crises

MARIAPOLI - CASTEL GANDOLFO, ROMA, ITALY
October 2nd - 3rd, 2024

Chairs of the Congress:

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- Pandemics
- Climate change
- Financial crises
- Poverty
- War
- Migrations
- Violence
- Collective and individual traumas
- Addictions
- Technology
- Psychosocial interventions
- Psychotherapy
- Rehabilitation
- Integrated treatments

Allocated time for plenary lectures (2 each session):
40 minutes + final discussion 10 minutes.

Allocated time for contributions in parallel sessions:

20 minutes each + possible final discussion 10-30 minutes.

Parallel sessions of October 3rd are organized

as a pre-congress of the

X Congress of FIAP
Italian Federation of the Associations of Psychotherapy



October 2nd, 2024

9-9.30 Registration and opening

WPA President, D. Wassermann

WASP President Elect, R. Chadda

EPA and Italian Society of Social Psychiatry

President, A. Fiorillo

AIFA President, R. Nisticò

Italian Society of Psychiatry President,

L. Dell'Osso

RM 2 Mental Health Department Head,

M. Cozza

ESSP Congress Presidents, F. Ferrero, L. Janiri

9.30-11 Plenary session

- (Chairs: N. Sartorius, L. Janiri)

A. Fiorillo: Towards new solutions in mental health care in Europe: the EPA Manifesto

2024-2029

D. Wasserman: Towards new solutions in mental health worldwide according to the

WPA Action Plan 2023-2026

11-11.30 11.30-13.15 Coffee break

Parallel sessions

- (Chair: M.Cozza) Social challenges, biopsychosocial solutions: the future of public mental health:

Romens: an innovative public model of intervention for social inclusion and stigma reduction (E. Caroppo)

Digital therapies and innovative interventions in psychiatric rehabilitation: a critical analysis of opportunities in public services

(A. Servadio)

October 2nd, 2024

Subjectivation and environment: young adults with severe mental disorders in a community Mental Health Center (M. Grasso)
Beyond therapy rooms: promoting adolescent mental health through art and culture

(R. Castaldo)

11.30-13.15

- (Chair: G. Sani) Integration between
pharmacotherapy and psychotherapy:
In adolescents and young adults (G. Sani)
General and theoretical aspects (M. Biondi)
In women (M. Mazza)
Personal and educational aspects of

psychiatrists:

The crisis in wellbeing of medical students and doctors around the world: How can we respond? (A. Molodynski)
Lunch

13.15-14.30

13.45-14.30

ESSP General Assembly

<u>14.30-16</u>

Plenary session

- (Chairs: D. Wasserman, F. Ferrero)

N. Sartorius: Changing priorities for mental

health care in the 21st century

M. Schouler-Ocak: Ethical challenges in times of a changing world

<u>16-16.30</u>

Coffee break

16.30-18

Parallel sessions

- (Chair: **G. Martinotti**) <u>The challenge of</u> addictions:

Predictors of compulsive cyberporn use (Y. Khazaal)



October 2nd, 2024

Gambling Disorder: preventing strategies and treatment (G. Martinotti)
Vulnerability to alcohol and substance use disorders: focus on gender and age groups (M. Di Nicola)

Novel psychoactive substances in the post-modern society (A. Mosca)

16.30-18

- (Chair: **C. Bonsack**) <u>Recovery oriented</u> <u>teaching, psychotherapy and interventions:</u>

STUDI: learning psychiatry through the experience of empathy (C. Bonsack)

Transitional Case Management for addictive

disorders (L. Penzenstadler)

Psychedelic assisted recovery process

(D. Zullino)

Fatherhood in India and Asia: Roles, challenges, mental wellbeing, and future perspectives (R. Kallivayalil)

18-19

Plenary Round table on: What can be working for preventing mental disorders in times of crisis?

- (Chair: A. Molodynski)

D. Wasserman, N. Sartorius,

M. Kastrup, G. Sani



<u>October 3rd, 2024</u>

9-10.30

Plenary session

- (Chair: D. Moussaoui, R. Kallivayalil)

G. Northoff: Spatiotemporal psychotherapy: what and why

T. K. J. Craig: AVATAR therapy: development and research

10.30-11 11-13

Coffee break

Parallel sessions

- (Chair: E. Caroppo) Environment, interpersonal contexts and mental health: Easy language, hard language, shared language, and the power of Trialogue (M. Amering)

Climate anxiety and climate-related psychopathology (P. Cianconi) Sport as a stress environment and therapeutic environment: mental health for sport and sport for mental health (S. Rullo) Migration history and risk of psychosis

(I. Tarricone)

Mental health interventions in migrants in Rome, Italy (L. Tarsitani)

<u>11-13</u>

Parallel sessions

- (Chair: D. Chieffo) Increased need for psychotherapy due to major psychosocial crises:

What place for psychotherapy in the development of mental health care after the genocide in Rwanda? (F. Ferrero) When social crises meet family crises via the devil's phone, rays of light shine in family therapy (G. Lombardi)

October 3rd, 2024

The need of psychotherapy in the Mental Health Services in Italy (P. Migone) Digital psychotherapeutic interventions to respond to the high demand for support in times of crisis: the central role of therapeutic self-efficacy for online psychotherapy (A. Gori)

13-14.30

Lunch

13-14.30

Poster session

14.30-16

Plenary session

- (Chairs: M. Kastrup, Y. Khazaal)

M. Amering: A human rights-based approach to recovery

D. Moussaoui: Links between psychotherapy and social psychiatry

16-16.30

Coffee break

16.30-18.30

Parallel sessions

- (Chair: G. Nardone) Mental health the day after pandemics and other disasters:

Disorder-specific intercultural

psychotherapy (M. Schouler-Ocak)

Mental disorder in the era of Anthropocene:

a proposal of updating of diagnostic manuals and treatments (A. Zucconi)

The value of Psychotherapy after pandemics

and other disasters (C. Loriedo)

Will beauty save the psychotherapy? A

new alliance between ethics and aesthetics





October 3rd, 2024

16.30-18.30

Parallel sessions

- (Chair: P. Petrini) What psychotherapy for whom?:

Beyond the talking cure principle: individual psychoanalytic psychodrama as a therapeutic paradigm for psychoanalysis in psychiatry (M. Botbol)

Psychotherapy: Learnings from Ancient India (R. Chadda)

Pros and cons the principle of matching psychopathology and psychotherapy (L.Janiri)

Psyche and society: the psychotherapist's ground (P. Moselli)

Brief strategic therapy of cybersex

(G. Nardone)

18.30-19

Closing

ESSP Presidents

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Euros 300 (150 for students and trainees)

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